



The Essence of Your Beauty...A Woman's Worth

Frank Lewis Adams Jr.

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“The Essence of Your Beauty...” based on the truth of how God created you, and how God sees you. It’s a tool to help you return from which you came. There are things in this book that will help you see life in a different way. It will help you to become better than you already are, giving you insight on just how valuable you are in everything, relationships, parenting, and self-worth. I touch on pieces of my life, things that have both hurt and helped me. The whole point of this book is to break women out of those dwelling places of depression, stress, low self-esteem, lack of drive and confidence. I pray that this book will help you take an honest look at yourself and that it helps you learn how to love yourself. Share this book with a friend and with those you know that are in need of an awakening in their spirit. Sit back, and get ready to receive the truth, raw and uncut. If you find something in here for you, put it in your pocket and never let it go. Remember, you are beautifully and wonderfully made, God said that. So, get ready to lift your head high and understand what it means to be a Queen. Open when necessary. Please enjoy!

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