



# **HCG Diet Cookbook: 50 Easy, Delicious, Low Carb Recipes to Lose Weight and Live Happily (Weight Loss, Dieting, Healthy, Paleo, Low Calorie, Caloric, Serving Book 1)**

*Jim Finley*

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The HCG Diet Cookbook is a great way to sample appealing low carb recipes to help you lose weight and live happily. Simply by taking HCG supplements and reducing your calorie intake to 500 per day, you will see amazing results, while not sacrificing the taste and quality of food you are eating.

There are 50 different ideas for a great range of tasty meals. The HCG Diet Cookbook offers excellent advice and information, including fantastic recipes for;

- Breakfast
- Lunch
- Dinner
- HCG Dinner Recipes
- Salads
- Snacks
- Beverages

You will also learn how to start using the HCG diet and, more importantly, how to maintain it for maximum effectiveness, increasing your calorie intake after the initial phase.


But that's not all this book offers. You will find that the HCG Diet Cookbook will also help you to reduce the risk of;

- Diabetes
- Stroke
- Heart disease
- Cancer
- Cardiovascular disease
- Snacks
- Other chronic health problems

In four easy to follow phases you will begin to see real weight loss results, become healthier and still enjoy the food on your plate. Download the HCG Diet Cookbook today and see what a difference it will make to your life.

Thank you for buying my book!

-Jim

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**Michael Sweet:**

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