



The Karate-ka: A search for the old to understand the new

Mr Joel Reeves

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“A journey of discovery into the forgotten origins of karate.”

Spanning twenty years, *The Karate-ka* shares the author’s thrilling adventure from Japan to Okinawa in search of the mother of all karate styles - a ‘lost fighting art’ known simply as Te.

Following a chance encounter with an Old Man who recalls training in his youth with Gichin Funakoshi, the ‘Father of modern karate’, the author ultimately abandons the mainstream dojo to seek out the last of the Te masters.

Along the way he meets various teachers, some hidden, some not, but each with their own repertoire of martial techniques and strategies, all wrapped within the transformative wisdom of a former time.

Insightful, profound and inspiring *The Karate-ka* is a refreshing ‘travel journal’ read for all martial artists regardless of style or cultural origin.

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