



Sexy Confidence, Feel Attractive Now with Hypnosis, Meditation, and Affirmations: The Sleep Learning System

Joel Thielke

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Feel sexy and confident, and own your attractiveness with this guided meditation and relaxation program, from certified hypnotherapist, Joel Thielke.

It's as easy as turning on the tracks and falling asleep!

The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep, while allowing you to access the deepest parts of your mind.

Three inductions give you options for each session, or listen to the entire album. It's your choice!

You'll feel well rested and energized when you wake up, and with every time you listen, you will feel more confident and sexy.

Joel Thielke's guided mediation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night's sleep. While you're sleeping, the program will help remove negative beliefs and create positive beliefs and confidence.

The special inductions will gently guide you into your REM stage of sleep, working with your subconscious to make lasting change that you can see.

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