



# 15-Minute Meals: 44 Quick & Healthy Recipes That Are EASY to Cook!

*Olivia Rogers, Linda Westwood*

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From the *Best Selling* authors, *Olivia Rogers & Linda Westwood*, comes *15-Minute Meals: 44 Quick & Healthy Recipes That Are EASY to Cook!*. This book will completely change your cooking!

Not only are the recipes amazing - but they are QUICK, EASY & HEALTHY!

If you feel like you need to spice up your cooking...

If you feel like your family might be looking to eat something else..

Or if you just enjoy cooking and want to try something new...

## **THIS BOOK IS FOR YOU!**

This book provides you with 44 15-Minute Recipes that will turn you into AN AMAZING cook in just days!

It comes with the recipes, ingredients, and all the steps you need to know!

Are you ready to spice up your cooking and become a master chef in your own kitchen? Then check out these 44 Quick & Healthy Recipes, and start cooking like a master TODAY!

*Some of the recipes include:*

One Pan Mexican Quinoa

Greek Yogurt Chicken Salad Sandwich

Easy Burrito Bowls

Ricotta and Honey Sandwich

Peanut Butter & Berry Energy Wrap

Cheesy Chicken Meatball-and-Tortellini Soup

Miso Steak with Green Beans and Baby Potatoes

Broiled Fish with Romesco Sauce and Couscous

Broccoli & Feta Omelet with Toast

Honey Grapefruit with Banana

White Bean & Herb Hummus with Crudites

BBQ Turkey Burgers


Breakfast Barley with Banana & Sunflower Seeds

Curried Egg Salad Sandwich

Creamy Avocado Cups

**And Much More**

Tags: quick and easy recipes, healthy cooking, quick recipes, healthy eating, healthy and delicious, healthy recipes, cookbooks

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