



# **The Dual Diagnosis Recovery Sourcebook: A Physical, Mental, and Spiritual Approach to Addiction with an Emotional Disorder**

*Dennis Ortman*

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**For those who suffer from a combined psychiatric illness and chemical dependency**

The six out of one hundred people diagnosed with the dual disorders of addiction and mental disorder face unique challenges on the road to recovery. With comprehensive information and illustrative, inspiring case studies, *The Dual Diagnosis Recovery Sourcebook* explores the physical, psychological, social, and spiritual approaches to recovering from this often misunderstood and yet surprisingly common condition.

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