



# **Train For Results**

Catherine Mattiske

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Do you want to be certain that your participants will go back to work and apply what they have learned actually changing their behavior? In this guide, Catherine Mattiske aims to bring this goal within your reach: 100 per cent success with 100 per cent of participants 100 per cent of the time. Learners need to know if they are learning, and trainers need to know if they are successfully transferring skills and knowledge. Successful review activities measure learning while participants are still in the training room and, in fact, they speed up the pace of learning and end up saving you time. This book takes you through: pre-course work and setting your goals for the course; how to select and design review activities and where to slot them in; how to cater for learners of all styles; and how to run and debrief review activities successfully. The guide also includes a handy library of review activity ideas for you to draw on and adapt to meet your training needs.



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