



# The International Eggplant Cookbook

*Shirley Smalheiser*

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## **The International Eggplant Cookbook** Shirley Smalheiser

Eggplant lovers, look no further! 136 delicious & delectable eggplant recipes from around the world - even desserts and sweets! You will be amazed at the diversity of eggplant in these international recipes.

Written by an "eggplant junkie," you'll find favorite recipes like Greek Moussaka, Italian Eggplant Parmigiana, French Ratatouille, Hunan Style Eggplant, Eggplant salad, Indonesian Beef and Green Beans, and North African Turkey Balls from Morocco.

You'll even find eggplant-enhanced versions of traditional recipes such as chili, beef stew, and meat loaf.

And don't forget dessert! Mock Pumpkin Mousse, Chocolate Eggplant Drop Cookies, and Eggplant Marmalade are just three of 10 desserts and sweets made with eggplant in this cookbook.

The recipes are broken down into sections: Appetizers & Salads Soups Eggs & Cheese Fish Poultry Beef Vegetables Beans, Grains & Pasta Desserts & Sweets Miscellaneous Recipes

To make your mouth water even more, click the book cover to Look Inside the Book and see the Table of Contents listing all the recipes.

This is truly an international cookbook: oven temperatures are given in Fahrenheit, Celsius and the Mark system; volume and weights are given in Standard U.S. and Metric systems.

You, too, are destined to become an "eggplant junkie" with all the exciting recipes this cookbook has to offer.

Plus! The author knows her eggplant: you'll also learn the history and folklore, cultivation, varieties, nutritional value, and many uses for this mysterious vegetable other than for food. (Hmmm, what could they be?)

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