

# Treating Disruptive Disorders: A Guide to Psychological, Pharmacological, and Combined Therapies (Clinical Topics in Psychology and Psychiatry)

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*Treating Disruptive Disorders* is a practical book for busy clinicians—psychiatrists, psychologists, mental health counselors, clinical social workers, and more—as well as students, interns, or residents in the mental health professions. It distills the most important information about combined as well as solitary treatments of a variety of psychological disorders characterized by disruptive behaviors, including those where disruptive aspects are part of core symptoms (like ADHD, ODD, or conduct disorder), and those where disruptive features are commonly associated with core symptoms (like mood, personality, and cognitive/developmental disorders). In addition to an analysis of the best in evidence-based practice and research, the volume also includes brief clinical vignettes to help present the material in an easily accessible, understandable, readable, and relevant format. The chapter authors are experts in the treatment of these disorders and review a wide variety of empirically supported treatments for children, adolescents, and adults.

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