

Body Language Box Set: Amazing Body Language Guides with Tips to Help You Learn To Read, Talk And Master Body Language in 24 Hours (body language, body language secrets, body language attraction)

Frank Barners, Joan Hunter

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BOOK #1: Body Language: The Crucial Body Language Guide with Tips to Help You Learn To Read And Talk Body Language

Do you ever find yourself wondering whether you seem approachable? Do you question whether a person is truly genuine with the words that they tell you? Body language can help you to decipher the intent of a person. Communication is more than just what a person says or how they say it. Although it is a primary source of communication, how a person moves and interacts with others can give you insight into how they feel about themselves and the people around them.

The Crucial Body Language Guide with Tips to Help You Learn To Read And Talk Body Language are:

- Core Patterns What are the primary patterns that people do and what do they mean?
- Lying How can you tell when someone is not being truthful to you
- How To Be Approachable Is your body language making you seem standoffish? How do you appear to be a friendlier person?

BOOK #2: Body Language: Advanced Body Language Guide to Master Body Language in 24 Hours

Body language can help a person define the real emotion behind spoken or unspoken words. Adults can simply, and properly, know if a kid is frightened by the thunder if they see the kid shaking and covering their ears with their hands. However, there are wrong ideas about reading body language that can lead to miscommunication, except if the language shown by the entire body is read.

Our eyes are known to be the windows to our soul and it must be this idea that formed the biggest myth about reading body language. It's commonly thought that when someone avoids, or doesn't keep an eye contact, chances are, that person is lying. Though commonly understood, it's a false impression. People that

lie often can actually keep long eye contact as they are aware that a lot of people think looking away from eye contact indicates a lie. Some people that are not lying may not maintain eye contact because they're just telling a fact, and they don't feel like they don't have anything to prove.

BOOK #3: Body Language: Amazing Body Language Guide to Help You Recognize Whether People's Feelings are True or Fake

Do you sometimes get the sense that a situation with other people is not quite as it seems? Do you often struggle to understand what others expect of you? Is nervousness preventing you from taking risks that could slingshot you on the path to success in your personal and professional life?

In this book, we examine some of the fundamental concepts associated with non-verbal communication. You can learn how to:

- Implement appropriate, positive body language to create the right first impression.
- Identify positive and negative gestures that give away how others are feeling.
- Equip yourself with the mentality and awareness to recognize the non-verbal cues that surround us.
- Recognize the common indicators of deception and act to protect yourself and others from it.

Getting Your FREE Bonus

Download this book, and find "BONUS: Your FREE Gift" chapter right after the introduction or after the conclusion.

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