



Mindfulness and Critical Friendship: A New Perspective on Professional Development for Educators

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Mindfulness and Critical Friendship: A New Perspective on Professional Development for Educators assembles an international community of scholar-practitioners from multiple disciplines who utilize different methodologies and ideological perspectives to reflect on and interrogate contexts that situate mindfulness and critical friendship as constructs which support professional development for educators. Mindfulness and critical friendship connect critically and creatively like-minded colleagues and enable the facilitation and promotion of transformative pedagogy and practice. Supported by a robust set of evidence-based research, the contributors to this collection consider the ways in which educators can develop habits of mind and courses of action which will support them as they cultivate their ability to thrive and cope with the modern demands of their personal and professional lives. This edited collection is recommended for educators of all disciplines and for scholars of education, social science, and psychology.

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