



Christ and the Cutter: A Christian Guide to Understanding Self Injury and How to Help Healing Today

Aaron Mamuyac

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- Do you want to help someone stop cutting?
- Do you feel shocked and confused by what they are doing?
- Do you not know or understand why they would every injure themselves?
- Do you want to help but don't know how?
- Do you want to understand what self harm is?
- Do you feel helpless, powerless, and like things are out of control?
- Do you want to help teenagers find Jesus and become healed?

This Christian Guide on Self Harm will Help You:

- Approach Self-Harm from a Christian worldview
- Learn why someone cuts
- Gain an in-depth understanding to addiction
- Identify the early onsets for self-harming behavior
- Find out what your role is and how you can help
- Follow a step-by-step action plan to healing
- Have exactly what say if you are stuck
- Discover how God will use you in the lives of others
- Equip yourself with a short guide packed with to the point information

Issues Addressed in this Guide to Understanding Self Mutilation

- How to Help Someone Stop Cutting
- How to share your faith and How God can Heal them
- How to Respond to a teenager in a helpful way
- How to stop feeling like you have nothing to contribute
- How to deal get a teenager to trust you

My Christian Guide to Self Harm and Teen Cutting shows you how to deal with difficult situations like...

- A child who has been abused, abandoned, or neglected by his/her family
- Getting a teenager who is emotionally closed off to open up and share with you
- Discovering that a loved one who you never thought had self inflicted wounds
- Convincing someone who is cutting to stop

Special Section on Action Steps

How to turn an emotionally closed off relationship with a teenager into flourishing life changing open and honest relationship and learn how to step into your role for healing in their lives.

Special Section for Christians seeking training in counseling:

Easy to Follow Chart on Depression and a professional knowledge of it

A step-by-step program for six different milestones you want them to say to signify healing

BONUS: Testimonial Video of a personal friend of mine and her struggle with suicidal thoughts

A Personal Note From the Author:

This book blends 10 years of ministry experience and my journey into helping my students cope with their very difficult lives.

I know the emotions that someone might have when trying to help someone. I felt powerless and helpless. I felt like I had failed my students in some way by not knowing what to say or even what they were going through. I wanted to help, but didn't know how and didn't know where to start.

I looked online and all I saw was secular thought and therapeutic suggestions to healing. I didn't see a single resource on a Biblical world view! I didn't see any Christian instruction on how God speaks into self harm and cutting.

That is why I put together. It will help equip you to know what exactly they are going through, why they are cutting, and how you can help from a Christian perspective.

In the end, only true healing comes from Jesus Christ and now you can be equipped to play a healing role in someones life.

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Mark Gatling:

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James Vazquez:

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Connie Simpson:

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Bobbie Freeman:

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