



# Cure Your Allergies...And Live Your Life

*Martin F. Healy*

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## **Cure Your Allergies...And Live Your Life** Martin F. Healy

A growing number of people suffer from sinusitis, indigestion, tiredness, PMT, hayfever, bowel disorders, tension, candida, asthma, acne, infections, M.E., skin problems, obesity or arthritis. Few of them are aware that a fresh look at their diets could bring an end to their unnecessary misery.

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