



# 863 Buddhist Ways to Conquer Life's Little Challenges

*Barbara Ann Kipfer*

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*863 Buddhist Ways to Conquer Life's Little Challenges* shows how to overcome the hitches, hiccups and hardships of modern life through the wisdom of Buddha. You don't need to be a Buddhist to benefit from the guidance in this book. Open to any page and you'll find a real-life problem followed by an easy-to-apply solution for conquering it in a spiritually fulfilling manner.

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