

Work Clean: The life-changing power of mise-enplace to organize your life, work, and mind

Dan Charnas

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The first organizational book inspired by the culinary world, taking mise-en-place outside the kitchen.

Every day, chefs across the globe churn out enormous amounts of high-quality work with efficiency using a system called *mise-en-place*?a French culinary term that means "putting in place" and signifies an entire lifestyle of readiness and engagement. In *Work Clean*, Dan Charnas reveals how to apply mise-en-place outside the kitchen, in any kind of work.

Culled from dozens of interviews with culinary professionals and executives, including world-renowned chefs like Thomas Keller and Alfred Portale, this essential guide offers a simple system to focus your actions and accomplish your work. Charnas spells out the 10 major principles of mise-en-place for chefs and non chefs alike: (1) planning is prime; (2) arranging spaces and perfecting movements; (3) cleaning as you go; (4) making first moves; (5) finishing actions; (6) slowing down to speed up; (7) call and callback; (8) open ears and eyes; (9) inspect and correct; (10) total utilization.

This journey into the world of chefs and cooks shows you how each principle works in the kitchen, office, home, and virtually any other setting.



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A lot of people always spent their particular free time to vacation or perhaps go to the outside with them family or their friend. Did you know? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. In order to try to find a new activity that's look different you can read some sort of book. It is really fun for you. If you enjoy the book which you read you can spent the whole day to reading a e-book. The book Work Clean: The life-changing power of mise-en-place to organize your life, work, and mind it doesn't matter what good to read. There are a lot of folks that recommended this book. They were enjoying reading this book. Should you did not have enough space to bring this book you can buy the e-book. You can m0ore easily to read this book from a smart phone. The price is not very costly but this book provides high quality.

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