



# Spiritual Workout of a Former Saint

*Danny Abramowicz*

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## **Spiritual Workout of a Former Saint** Danny Abramowicz

This is more than the story of a recovering alcoholic grabbing onto - and working hard at - his second chance at a happy, spiritually rich life.

Here, based on proven NFL workout techniques, is a practical, encouraging, step-by-step method to help you:

- \*increase your spiritual strength.
- \*add new life to your relationships with your spouse, family, and friends.
- \*re-energize your soul as you deepen your love of Christ and His Church.

Danny Abramowicz played in the National Football League for the New Orleans Saints (1967-1973) and the San Francisco 49ers (1973-1974). He later worked as a special teams coach for the Chicago Bears and offensive coordinator for the Saints.

He currently heads a charitable foundation in New Orleans and speaks to Catholic groups around the country.

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