



# **Journal of a Mental Patient: The Story of a Mind and Its Man**

*Michael Higdon*

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## **Journal of a Mental Patient: The Story of a Mind and Its Man** Michael Higdon

Ride the current into a spiral of madness turned to clarity, and experience a full range of emotions as you journey through a maze in a little house of thought. This adventure flows from the writings of an outspoken, tumultuous man whose contemplative views are sure to change your outlook and opinions on life. Look cautiously into this mirror held to society and decide what is real as you are challenged to see the way we live as individuals and as a community. Starting in 2010, this novel paints a blunt picture of the personalities of tomorrow while the main character struggles to find a social world that no longer exists. After stumbling over countless obstacles while searching for answers to life's big questions, he finds support and encouragement from old friends whom he never expected to see again. In the end, he is slapped in the face by the hand of reality and finally wakes up - or does she? You decide as the fight between the id and the superego unfolds in this Journal of a Mental Patient.

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